

	GLUTEN	SESAME	MUSTARD	CELERY	MILK	SOYA	EGG	FISH	SULPHITES
BAKING POWDER	Y								
BICARB		MAY							
CINNAMON		MAY							
CORIANDER		MAY							
CORNFLOUR	MAY				MAY	MAY			
CRUSHED CHILLI		MAY							
CUMIN		MAY							
CURRY POWDER	Y	MAY	Y						
GARAM MASALA		MAY		Y					
GARLIC POWDER		MAY							
GINGER		MAY							
MIXED HERBS		MAY							
OREGANO		MAY							
PAPRIKA		MAY							
PARSLEY		MAY							
PEPPER		MAY							
TOMATO PUREE									
TURMERIC		MAY							
SOY SAUCE	Y					Y			
VEGETABLE STOCK	Y		MAY	Y	MAY	MAY	MAY	MAY	Y

