



Week 1

Week 2

Week 3

Week 4

Weeks Starting:

04 June | 02 July | 10 Sept | 08 Oct

Weeks Starting:

11 June | 09 July | 17 Sept | 15 Oct

Weeks Starting:

18 June | 16 July | 24 Sept | 22 Oct

Weeks Starting:

25 June | 23 July | 01 Oct

Monday

**NEW!**  
Fish in Breadcrumbs, Parsley Sauce & Duchesse Potatoes Or  
H-M Veggie Mince Lasagne **V**  
& French Stick  
Peas, Cherry Tomatoes

Angel Delight

Fishcake Or  
H-M Vegetable Spring Roll **V**

Chips, Sweetcorn,  
Cucumber Sticks, Tomato Sauce

H-M Pineapple Crumble & Custard

Salmon Nibbles Or  
H-M Margarita Pizza **V**

Jacket Potato, Spaghetti Hoops,  
Petit Pois

H-M Shortbread Flowers

Roast Turkey Or  
Quorn Roast **V**

Roast Potatoes, Sliced Carrots,  
Cauliflower, Stuffing, Gravy

H-M Fudge Cake

Tuesday

H-M Fresh Cornish Pasty Or  
Cheese & Potato Slice **V**

Diced Potatoes, Spaghetti Hoops,  
Petit Pois

H-M Goopy Chocolate Cake

Fresh Chicken Or Quorn  
with optional Curry Sauce Or  
H-M Halloumi & Sweet Potato Curry **V**

Rice, Peas, Diced Carrots, Naan Bread

H-M Flapjack

Fresh Roast Chicken Or  
Veggie 'Meatfree' Balls **V**

Creamed Potatoes, Broccoli, Stuffing,  
Mixed Veg, Gravy

H-M Iced Orange Sponge

H-M Fresh Beef Lasagne Or  
Tuna Mayo Pasta Or  
H-M Tomato Pasta Bake **V**  
French Stick, Cherry Tomatoes,  
Sweetcorn

H-M Cornflour Biscuits

Wednesday

Gammon & Pineapple Or  
Mozzarella Pizza Wrap **V**

Chips, Mixed Veg, Sweetcorn,  
Tomato Sauce

H-M Cookie

Fresh Beef Burger Cob Or  
Quorn Burger Cob **V**

Potato Waffles, Baked Beans,  
Sliced Gherkins

H-M Chocolate Cornflake Cake

Fresh Bacon Or  
Quorn Sausage **V**

Hash Browns, Baked Beans,  
Mushrooms

Ice Cream Or Artic Roll

Fresh Pork Sausage Cob Or  
Veggie Sausage Cob **V**

Saute Potatoes, Spaghetti Hoops,  
Petit Pois

H-M Strawberry Muffin

Sandwich Option  
available every day—  
cheese/meat or fish

Thursday

H-M Hot 'N' Kickin' Chicken Wrap Or  
H-M Hot 'N' Kickin' Quorn Wrap Or **V**  
Tuna Mayo Wrap

Rice, Cucumber Sticks, Sweetcorn

H-M Dorset Apple Cake & Custard

Fish Stars Or  
H-M Cheesy Scroll **V**

Jacket Potato, Spaghetti Hoops,  
Petit Pois

H-M Cream Cupcake

H-M Fresh Beef Lasagne Or  
H-M Macaroni Cheese **V**

French Stick, Sweetcorn,  
Green Beans

Jelly, Fruit & Cream

H-M Salmon Parcel Or  
H-M Cheese Panini Melt **V**

Pasta, Peas, Sweetcorn

H-M Cherry Shortbread

Friday

Roast Beef Or  
Veggie 'Meatfree' Balls **V**

Creamed Potatoes, Roast Parsnips,  
Sliced Carrots, Yorkshire Pudding, Gravy

H-M Chocolate Orange Muffin

Fresh Pork Sausage Or  
Best of British Quorn Sausage **V**

Creamed Potatoes, Yorkshire Pudding,  
Broccoli, Sweetcorn, Gravy

H-M Strawberry Cheesecake

Fishfingers Or  
H-M Vegetable Chilli Tortilla Pot **V**  
Or H-M Cheese Omelette **V**  
Potato Smiles, Sweetcorn,  
Mushy Peas, Tomato Sauce

**NEW!**  
H-M Chocolate Biscuit

H-M Fresh Breaded Chicken Or  
Quorn Dippers **V**

Jacket Potato, Baked Beans,  
H-M Coleslaw

Chocolate Crunch & Chocolate Sauce

## Sandwich Menu

The sandwich option includes trio of salad items, pudding and a choice of either fruit, yogurt or cheese and biscuits

- Monday—Ham or Cheese filled French Stick
- Tuesday—Turkey or Cheese on Tiger Bread
- Wednesday—Tuna or Cheese filled Cob
- Thursday—Beef or Cheese on 50/50 Bread
- Friday—Ham or Cheese filled Wrap

Week 1

- Monday—Turkey or Cheese filled Wrap
- Tuesday—Ham or Cheese on 50/50 Bread
- Wednesday—Tuna or Cheese filled French Stick
- Thursday—Ham or Cheese on Tiger Bread
- Friday—Beef or Cheese filled Cob

Week 2

- Monday—Ham or Cheese filled Wrap
- Tuesday—Beef or Cheese on Tiger Bread
- Wednesday—Turkey or Cheese on Wholemeal Bread
- Thursday—Tuna or Cheese filled French Stick
- Friday—Ham or Cheese filled Cob

Week 3

- Monday—Tuna or Cheese on Wholemeal Bread
- Tuesday—Turkey or Cheese filled French Stick
- Wednesday—Beef or Cheese on Tiger Bread
- Thursday—Turkey or Cheese filled Cob
- Friday—Ham or Cheese filled Wrap

Week 4

## SCHOOL LUNCH

## 10 REASONS TO HAVE A

1. We offer a variety of foods over a four week cycle.
2. Fresh salad bar and fruit offered daily
3. Our staff work very hard to ensure that meals are nutritionally balanced.
4. We use local suppliers for our meat, bread, milk and other produce.
5. School meals are a convenient choice for busy parents.
6. We hold theme days throughout the year.
7. 'School meals contain less fat, sugar and salt than the average packed lunch' - School Food Trust 2009.
8. We ensure children have appropriate portions.
9. Children in Foundation, Year 1 and 2 are entitled to a fully government funded lunch.
10. Sitting down to a school meal with friends helps develop good table manners and social skills.