



Silverhill Primary School Policy for RSE

Curriculum

Issue date
April 2017

Review date
April 2019

Our whole school relationships and sex education policy incorporates the teaching of good health and sex education, fulfilling statutory requirements and reflecting the ethos of the school. It is thus our aim to provide children with the confidence and knowledge to live in the modern world with informed and moral values.

Aims

We believe that relationship and sex education in this school will be developmental and a foundation for further work in the secondary school. Relationship and sex education will contribute to the requirement of the Education Reform Act 1998 that the school curriculum should be one which:

- promotes the spiritual, moral, cultural, mental and physical development of pupils
- prepares pupils for opportunities, responsibilities and experiences of adult life.

Our relationship and sex education aims to help children understand such concepts as growing and changing, the life cycle, puberty and reproduction. Through this our children will be helped to understand their bodies, how they are growing and changing and how they will change in the future. It is also about emotions, relationships, responsibilities and how we care for each other. We hope to enhance the social and emotional development of the children, helping them to understand the benefits of caring relationships and to be aware of pressures and possible dangers.

Objectives

The relationship and sex education programme will reflect the school ethos and demonstrate and encourage the following values:-

- respect for self

- respect for others
- responsibility for own actions
- responsibilities to our own families, friends, school and the wider community.

We wish to:

- complement and support the role of parents
- keep parents well informed of policy and policy changes through the school prospectus, this policy, parents have the opportunity to discuss relationship and sex education for all pupils. In the summer term a letter explaining the programme for teaching with an invitation to come into school to view teaching materials and discuss with staff.
- make relationship and sex education part of a wider PSHE and Healthy promoting Schools curriculum.

Organisation

The relationship and sex education scheme of work will provide information which is easy to understand, relevant and appropriate to the age and maturity of pupils. It will include the development of communication and social skills. It will encourage the exploration and clarification of values and attitudes. Teachers will deal factually, honestly and clearly with the children's questions about physical differences between the sexes and about human reproduction, as these questions arise.

The term sex education will only be used when the children in Year 5/6 are receiving particular instruction. The school nurse and the Healthy Promoting Schools Co-ordinator will contribute to the planned sessions if required. Videos, as advised by the health authority and PSHE team, will provide a stimulus for teaching and discussion. Parents will be invited to watch the videos, hear the teaching plans, ask questions and decide whether to include their child in the study, as is their right. Parents have the right to withdraw their child from relationship and sex education lessons other than that which is compulsory under the National Curriculum orders for science. Teachers, governors, the school nurse and Healthy Promoting Schools Co-ordinator will respect the wishes of all parents and will deal sensitively to suggestions or comments made by parents.

Equal Opportunities

In implementing our good health programme the school recognises that all pupils, irrespective of gender, race or ability are entitled to take part in the activities

planned, unless parents/guardians have chosen to withdraw their child from an aspect of the relationship and sex education programme. All pupils have a right to have their questions answered honestly in the context of their own level of understanding.

Resources

Science resources for Ourselves and The Body topics
Living Values Teaching Pack
City Council Scheme of Work
SEAL Guidance
Living and Growing Videos - Channel 4

A range of resources are drawn upon as appropriate to the objectives of the lesson and the age and maturity of the pupils.

Monitoring and Evaluation

The policy will be formally reviewed every year, unless further legislation or guidelines initiate immediate response.

Evaluating will take place as follows:

- teachers evaluating schemes of work
- teachers evaluating work with pupils
- comments from parents, particularly those of Year 5/6 pupils will be noted
- the Governing Board working with Co-ordinator.

Teaching

The content of our teaching programme encompasses the following considerations:-

- physical development
- emotional development
- social development
- self esteem
- family relationships
- relationships with friends
- human reproduction and genetic inheritance
- child development
- gender roles and stereotyping

- practical skills - decision making, listening etc

We believe that these areas suit the needs of our children. Some aspects will be dealt with implicitly.

Care will be taken in planning appropriate schemes of work that there is a balance between:

- knowledge and understanding and
- feelings, attitudes and values.

We aim to ensure that relationship and sex education is information based but will also include the exploring of feelings, attitudes and values whilst developing communication skills.

Aspects of our relationships and sex programme will be taught through the science curriculum.

At Key Stage 1 pupils will be taught:

- that animals, including humans, move, feed, grow, use their senses and reproduce
- to name the main external parts of the human body
- that humans can produce babies and these babies grow into children and then adults
- to recognise physical similarities and differences between themselves and other pupils
- to know that humans develop at different rates and that human babies have special needs

At Key Stage 2 pupils will be taught:

- that there are life processes, including nutrition, movement, growth and reproduction common to animals, including humans
- the main stages of human life cycle
- in Year 5/6, about some of the physical, emotional and social changes which take place at puberty and about how changes at puberty affect the body in relation to hygiene
- in Year 5/6, about the basic biology of human reproduction

Aspects of our relationships and sex education programme will be taught through our personal, social and health education programme (PSHE).

At Key Stage 1 pupils will consider the following:

- personal safety eg Stranger Danger with visiting speakers such as a police officer, a nurse and drama groups
- a respect for their own space and that of others
- ways in which people learn to live and work together - listening, discussing, sharing
- the importance of valuing oneself and others
- the range of human emotions and ways to deal with these

At Key Stage 2 pupils will consider:

- some of the skills necessary for parenting
- different patterns of friendship - to be able to talk about friends and friendships with family and teachers
- the meaning of friendship and loyalty and begin to develop skills needed to form relationships

A Health Week will take place every other year.

National Healthy Schools

We recognise the National Healthy Schools Programme as an effective vehicle to promote PSHE education which offers an integrated whole school approach, set alongside nationally agreed criteria, looking at health and wellbeing issues in their wider sense.

Our school is working with local partners, agencies, theatre in education companies, LA Advisers and Consultants to ensure appropriate provision in the key areas of PSHE, including RSE and Drug Education, Healthy Eating, Physical Activity and Emotional Health and Wellbeing.