Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
50/50 BREAD	Y					Y					may			
ANGEL DELIGHT All flavours							Y							
APPLE JUICE														
ARTIC ROLL	Y		Y				Y							
BACON														
BAKED BEANS														
BECHAMEL SAUCE	Y		may	may		may	Y		may	may		Y		
BEEF BOLOGNAISE														
BEEF LASAGNE	Y		may	may		may	Y		may	May		Y		
BEEFBURGER	Y					Y				Y		Y		
BEST OF BRITISH QUORN SAUSAGE	Y		Y				Y					Y		
BREADED CHICKEN	Y		Y			May			May	may	may			

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CHEESE							Y							
CHEESE OMELETTE			Y				Y							
CHEESE PANINI	Y						Y				May			
CHEESE & POTATO ROLLS	Y		May				Y			May		May		
CHEESE QUICHE	Y		Y				Y							
CHEESE SAUCE	Y		MAY	MAY		MAY	Y		MAY	MAY				
CHEESEY SCROLLS	Y		Y			May	Y							
CHERRY SHORTBREAD	Y											Y		
CHIPS														
CHOCOLATE BISCUIT	Y													
CHOCOLATE COOKIES	Y													

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CHOCOLATE CRUNCH	Y		Y											
CHOC. ORANGE MUFFIN	Y		Y				Y							
CHOCOLATE SAUCE							Y							
CHRISTMAS BISCUITS (bakery)	Y		Y			Y	Y							
COBS	Y					Y								
COLESLAW			Y							Y				
COOKIE	Y													
CORNFLAKE CAKE	Y													
CORNFLOUR BISCUITS	Y													
CORNISH PASTY	Y			May			Y		Y					
CREAM CUP CAKE	Y		Y			May	Y							

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
CREAMED POTATOES							Y							
CRUNCHY OATY BISCUIT	Y													
CURRY SAUCE	Y		May				Y		Y	Y				
CUSTARD							Y							
DAIRYLEA TRIANGLES							Y							
DICED POTATOES														
DORSET APPLE CAKE	Y		Y			May	Y							
DUCHESSE POTATOES (swirls)	May						Y					May		
EVES PUDDING	Y		Y			May	Y							
FISH BITES	Y		Y	Y										
FISHCAKE (NON-FRIED)	Y			Y										

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
FISHFINGERS (NON-FRIED)	Y			Y										
FISH IN CRUMB	Y			Y						Y				
FISH IN BATTER	Y			Y										
FISH STARS	Y			Y			May			Y				
FLAPJACK	Y													
FRENCH STICK(BAKERY)	Y					Y								
FRESH CARROTS														
FRESH FRUIT														
FRESH POTATOES														
FROZEN VEGETABLES														
FUDGE CAKE	Y		Y			May	Y							
GAMMON														

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
GHERKINS														
GOOEY CHOCOLATE CAKE	Y		Y							Y				
GRAVY	Y		May				Y		Y					
HAM														
HASH BROWNS	May						may					may		
HOT'N' KICKIN CHICKEN							Y		Y					
HOT'N'KICKIN QUORN			Y				Y		Y					
ICE-CREAM CHOC							Y							
ICE-CREAM STRAWBERRY							Y							
ICE-CREAM VANILLA							Y							
ICED ORANGE SPONGE	Y		Y			May	Y							
JACKET POTATO														

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
JACKET WEDGES														
JELLY														
JELLY,FRUIT & CREAM							Y							
MACARONI CHEESE	Y		MAY	MAY		MAY	Y		MAY	MAY		Y		
MARGARITA PIZZA	Y		May			May	Y							
MARG- BAKING														
MARG- SOFT (country range)							Y							
MARG – SOFT golden summer														
MARG - SOFT summer county							Y							
MAYONNAISE			Y							Y				
MELTING MOMENTS	Y		Y				Y							
MILK							Y							
MOZARELLA WRAP	Y						Y							

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
MOZARELLA PIZZA WRAP	Y						Y							
MUSHROOMS														
MUSHY PEAS														
NAAN BREAD	Y		Y				Y							
OLIVES														
ORANGE CAKE	Y		Y			May	Y							
ORANGE FRUIT JUICE														
PARSLEY SAUCE							Y							
PARSNIPS														
PASTA	Y													
PICKLED ONIONS												Y		

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
PINEAPPLE CRUMBLE	Y													
PORK LOIN														
PORK SAUSAGE	Y											Sulphur Dioxide		
POTATO NOISETTES	Y						Y					Y		
POTATO SMILES														
POTATO WAFFLES														
QUORN BALLS	Y		Y											
QUORN BURGER	Y		Y				Y							
QUORN DIPPERS	Y		Y				Y							
QUORN LASAGNE	Y		Y	may		may	Y		May	may		Y		

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
QUORN ROAST			Y											
QUORN SAUSAGE	Y		Y				Y							
RASPBERRY OATY SLICE	Y													
RICE														
ROAST BEEF														
ROAST CHICKEN														
ROAST POTATOES														
SALAD														
SALMON NIBBLES	Y			Y						Y				
SALMON PARCELS	Y		Y	Y										
SAUTE POTATOES														

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
SHORTBREAD FLOWER	Y													
SAVOURY MINCED BEEF	Y		May				Y		Y					
SAVOURY QUORN MINCE	Y		Y				Y		Y					
SPAGHETTI HOOPS	Y													
STRAWBERRY CHEESECAKE	Y		May			May	Y							
STRAWBERRY MUFFIN	Y		Y				Y							
STUFFING	Y		May			May	May		May	May		May		
SWEET POT & HALLOUMI CURRY							Y		Y					
TIGER BREAD	Y					Y								
TINNED FRUIT														
TOMATO PASTA BAKE	Y						Y							

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
TOMATO SAUCE (B & Price)									Y	Y				
TUNA MAYO			Y	Y						Y				
TUNA WRAP	Y		Y	Y						Y				
TURKEY														
VEGGIE BOLOGNAISE	Y		MAY			Y			Y					
VEGGIE MINCE	Y		MAY			Y	Y		Y					
VEGGIE MINCE LASAGNE	Y		MAY			Y	Y		Y	Y				
VEGETABLE RISSOTTO														
VEGETABLE SAMOSA	Y					Y								
VEGETABLE SPRING ROLL	Y					Y								
VEGGIE SAUSAGE	Y					Y						Y		
VEG CHILLI TORTILLA POT	Y						Y		Y					

Dish	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
VIENNESE WHIRLS	Y													
WHITE BREAD	Y					Y					may			
WHOLEMEAL BREAD	Y					Y					may			
6” WRAPS	Y													
10” WRAPS	Y													
YOGHURTS							Y							
YORKSHIRE PUD	Y		Y				Y							

	gluten	crustaceans	eggs	Fish	Peanuts	Soya beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	mollusc
BAKING POWDER	Y													
BICARB														
BISTO	Y		May				Y		Y					
CORIANDER														
CORNFLOUR														
CRUSHED CHILLI														
CUMIN														
CURRY POWDER										Y				
GARAM MASALA									Y					
GARLIC POWDER														
GINGER														
OREGANO														
PAPRIKA														
PARSLEY														
PEPPER														
PIZZA TOPPING														
TOMATO PUREE														
TURMERIC														
SOY SAUCE	Y					Y								
VEGETABLE STOCK														