



## Silverhill Primary School

### Policy for Physical Education

Policy number	Issue date Dec 2017	Review date Dec 2019
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### Aims

At Silverhill, we believe that Physical Education, experienced in a safe and supportive environment, is a unique and vital contributor to a pupil's physical development and well-being. We aim to provide a broad and balanced physical education curriculum, to provide for pupil's increasing self-confidence in their ability to manage themselves and their bodies within a variety of movement situations. We aim to develop a pupil's ability to work both independently and cooperatively, and to respond appropriately and sympathetically to others, irrespective of their age, gender, culture or ethnic background.

Pupils are encouraged to appreciate the importance of a healthy, strong and fit body, and begin to understand those factors that affect health and fitness. This work is closely aligned with the school's policy on Health Education.

### Learning and Teaching

P.E is approached throughout the school as a discrete subject. The learning objectives for P.E are progressive and when combined with sympathetic and varied teaching approaches, endeavour to provide stimulating, enjoyable, satisfying and appropriately challenging learning experiences for all pupils. Through the selection of suitably differentiated and logically developed tasks, it is intended that pupils, irrespective of their innate ability, will enjoy success and be motivated to further develop their individual potential.

A balance of individual, paired and group activities; cooperative, collaborative and competitive situations aim to cater for the preferences, strengths and needs of every pupil. Such activities, experienced within a range of areas of activity, aim to promote a broad base of movement knowledge, skills and understanding.

### Planning

Planning for Physical Education is completed by the class teacher or teaching assistant with support from the P.E Co-ordinator when required. Gymnastics is delivered using the Derby Approach to Gymnastics and Games is taught through the multi skills approach using the Rawmarsh scheme recommended by Derby School Sports Partnerships alongside the LCP schemes. Dance plans are usually linked to Topic work. At Silverhill, we provide 2 hours of quality physical education per week.

## The P.E Curriculum

The PE curriculum at Silverhill aims to

- Develop confidence to excel in a broad range of physical activities
- Develop endurance so that children are able to be physically active for sustained periods
- Engage in competitive sports and activities
- Lead healthy, active lives

Provision maps for both indoor and outdoor sessions are carefully planned, ensuring a wide variety of experiences and learning for the children.

## 'Superheroes' Fundamental Movement scheme

At Silverhill we incorporate the 'Superheroes' fundamental movement scheme into our PE lessons. This is a progressive programme of movement skills, fundamental to the development of body control and movement efficiency, the times tables of movement. It gives the children the tools to use in sports specific actions such as running, jumping, catching, kicking and throwing, developed from elite sports to provide a structured long term athletic development pathway for 5 year olds through to their pubescent years of physical development.

## SEND and More able pupils

P.E tasks are differentiated by the class teacher to meet individual needs. Children identified as having SEN may need greater differentiation of the tasks or support to access the P.E curriculum. This may include the use of additional adults as appropriate.

Pupils who are more able have the opportunities to work on challenging activities. This will be as part of their current unit of work and will require the class teacher to differentiate the activities accordingly.

## Extra Curricular Opportunity

The purpose of extra curriculum opportunity is to:

- Extend children's learning
- Increase physical activity time
- Prepare for competition
- Encourage fitness for life

We provide a wide range of sporting opportunities for our pupils as we recognise that not all children like the same sports.

## Assessment and Attainment

Formal assessments take place termly on the skills that have been taught during that unit. Children are also given an effort and an attainment score for PE in their end of year report. Children in Year 3 and 4 are also assessed in Swimming. Teachers use AFL in accordance with the assessment policy to regularly assess children which ensures challenge for all pupils and

informs future planning. Fundamental movement assessments are carried out regularly to ensure progression through the scheme.

### Curriculum links

Physical Education links well with other areas of the curriculum including;

- ICT- Performances are recorded using photography and video for use when self-evaluating.
- PHSE- Leading, managing, co-operating and decision making skills are an integral part of P.E.
- SCIENCE- Children ask relevant questions, plan, predict and test ideas. Learn about how their bodies work and the effect of exercise on their bodies.
- ENGLISH- Pupils are encouraged to communicate ideas, emotions and feelings during PE lessons.

### Resources and Equipment

The school uses the main hall for PE along with 2 fields, the larger of which has a running track. Swimming takes place off-site at Lonsdale swimming pool.

All indoor equipment is stored in the PE cupboard located in the hall and the outdoor PE shed.

Teaching resources are stored on the shelves in the P.E cupboard.

Any lost or damaged resources must be reported to the P.E Co-ordinator immediately.

### Risk Assessment

Class teachers and adults other than teachers are responsible for the safety of the children in their care. The nature of Physical Education dictates that this area is of paramount importance.

This involves ensuring that;

- The children understand why they wear a P.E kit and remove jewellery
- The venue for the activity is safe
- The children are taught how to set up apparatus safely
- Any accidents must be logged in the accident book(first aid area) and parents should be informed when necessary
- Staff are aware of fire procedures during a P.E lesson.

Equipment is safety checked annually by an independent inspector.

### Co-ordination & Staff Development

The P.E Co-ordinator ;

- Has a clear view of the P.E curriculum
- Provides staff with support when needed
- Organises and manages the resources
- Monitors planning, teaching and assessment
- Has a detailed P.E development plan
- Shares new initiatives and feedback from INSET's with staff through staff meetings
- Ensures staff are aware of and access training opportunities
- Organises Intra and Inter competition opportunities for all children within the school.