

Silverhill Primary School Kitchen

Autumn Menu Week 2

Monday

Homemade Salmon
Parcels with Jacket
Potato

Cheesy Jacket

Peas
Baked Beans

Homemade
Strawberry
Crumble
with Custard
---or---
Fruit

Tuesday

Roast Chicken
Creamed Potatoes
Gravy or
Tuna Jacket

Homemade Veggie
Risotto

Sweetcorn
Broccoli

Homemade
Chocolate Cookies
---or---
Fruit

Wednesday

Homemade Savoury
Mince & Pasta

Homemade Quorn
Mince & Pasta

Creamy Tuna Pasta
Bake

Fresh Carrot Batons
Fresh Cauliflower

Homemade
Shortbread
---or---
Yoghurt

Thursday

Pork Sausages

Quorn Sausages

Homemade Roast
Potatoes
French Beans
Mixed Vegetables
Gravy

Homemade
Chelsea Buns
---or---
Yoghurt

Friday

Fishfingers

Homemade
Vegetable Samosa

Chips
Peas
Sweetcorn

Homemade
Flapjacks
---or---
Yoghurt

Week commencing 10 October, 14 November, 12 December

Salad and bread available every day

Silverhill Primary School Kitchen

Autumn Menu Week 1

Monday

Homemade Sweet 'N'
Sour Chicken & Rice

Homemade Margarita
Pizza and Diced
Potatoes

Sweetcorn
French Beans

Homemade
Pineapple Upside
Down Cake and
Custard

---or---

Fruit

Tuesday

Roast Turkey

Quorn Roast

Creamed Potatoes
Mixed Vegetables
Broccoli
Gravy

Homemade Fudge
Cake

---or---

Yoghurt

Wednesday

Homemade Cornish
Pasty

Homemade Cheese
& Potato Rolls

Chips
Peas

Sweetcorn

Ice Cream

---or---

Fruit

Thursday

Fish in
Breadcrumbs and
Homemade Roast
Potatoes

Homemade Quorn
Lasagne (new
recipe) and

Homemade Garlic
Bread

Fresh Sliced
Carrots
Peas

Homemade
Strawberry
Muffins

---or---

Fruit

Friday

Homemade
Beefburgers in a
Bap

Homemade Veggie
Burger in a Bap

Homemade Potato
Wedges

Spaghetti Hoops
Fresh Soft Onions

Homemade Melting
Moments

---or---

Yoghurt

Week commencing 3 October, 7 November, 5 December

Salad and bread available every day

Silverhill Primary School Kitchen

Autumn Menu Week 4

Monday

Roast Chicken &
Stuffing

Homemade Tikka
Cake

Creamed Potatoes
Peas

Fresh Cauliflower
Gravy

Homemade Orange
Drizzle Cake

---or---

Yoghurt

Tuesday

Tuna Wrap

Homemade
Cheese Baguette

Pasta or Rice

Peas

Salad

Homemade Iced
Strawbery
Bakewell Tart

---or---

Yoghurt

Wednesday

Bacon

Quorn Sausage

Chips
Baked Beans

Peas

Homemade
Chocolate Crunch

---or---

Yoghurt

Thursday

Homemade Pork
Burgers in a Bap

Homemade Quorn
Burger in a Bap

Home Cooked
Roast Potatoes

Mixed Veg
Sweetcorn

Homemade
Viennese Whirls

---or---

Yoghurt

Friday

Homemade Cottage
Pie and Gravy

Homemade Cheesy
Scrolls and Jacket
Potato

Fresh Carrot Batons
Green Beans

Homemade
Chocolate Cup

Cakes

---or---

Fruit

Week commencing 26 September, 31 October, 28 November
Salad and bread available every day

Silverhill Primary School Kitchen

Autumn Menu Week 3

Monday

Pork Loin

 Homemade Veggie
 Roast

 Creamed Potatoes
 Sweetcorn
 Homemade Fresh
 Roast Parsnips
 Gravy

 Homemade
 Cupcakes
 ---or---
 Yoghurt

Tuesday

Fishcake and
 Homemade
 Parsley Sauce
 Creamed Potatoes

 Homemade
 Tomato Pasta
 Bake and
 Homemade French
 Bread

 Peas
 Fresh Broccoli

 Jelly and Fruit
 with Cream
 ---or---
 Yoghurt

Wednesday

Breaded Chicken
 Wrap

 Homemade Hot &
 Kickin' Quorn in a
 Wrap or
 Jacket Potato and
 Cheese

 Home Cooked Jacket
 Wedges
 Green Beans
 Sweetcorn

 Homemade Crunchy
 Oaty Biscuits
 ---or---
 Yoghurt

Thursday

Homemade Beef
 Lasagne or Tuna
 Jacket

 Homemade
 Macaroni Cheese

 Homemade Garlic
 Bread
 Fresh Sliced
 Carrots
 Mixed Vegetables

 Homemade
 Chocolate
 Cornflake Cakes
 ---or---
 Fruit

Friday

Salmon in
 Breadcrumbs

 Homemade Cheese
 Pizza (new recipe)

 Chips
 Baked Beans
 Peas

 Homemade Cookies
 ---or---
 Fruit

Salad and bread available every day

Week commencing 17 October, 21 November, 19 December